

A Wake Up Call

Gary S. Hall

A Wake Up Call

A Coming to Know God

REDEMPTION
PRESS 

A Wake Up Call

Copyright © 2009 by Gary S. Hall. All rights reserved.

Re-Published by Redemption Press in 2017, PO Box 427, Enumclaw, WA 98022
Toll Free (844) 2REDEEM (273-3336)

Redemption Press is honored to present this title in partnership with the author. The views expressed or implied in this work are those of the author. Redemption Press provides our imprint seal representing design excellence, creative content and high quality production.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any way by any means—electronic, mechanical, photocopy, recording, or otherwise—without the prior permission of the copyright holder, except as provided by USA copyright law.

All Scripture quotations are taken from the Holy Bible, King James Version, Cambridge, 1769. Used by permission. All rights reserved.

Published in the United States of America

ISBN: 978-1-68314-584-4



Acknowledgements

I want to acknowledge, first and foremost, God. I give you all of the honor and glory. Thank you for the healing power of the spirit.

Thanks to my mom and dad for seeing that my brother and I were brought up in a home where God was presented to us from birth.

I would like to express a special thank you to Dr. Wayne Dyer, a person whom I have never met but feel as though we are one. Dr. Dyer, Namaste.

H. P. Thank you for your patience and understanding. I love you, man!

I would also like to thank all of you, and you know who you are, that have recognized and acknowledged the presence of God in your own lives and have written about the evidence and expression of God's manifestation for all of humanity. Thank you all.

I would also like thank all of the medical doctors and specialists that I have seen during my bout with Epstein-Barr that said that there is no cure for this and it would have to run its course.

My wife, Jami, I do not yet know the words to express the depth of gratitude that I have for your patience, love, kindness, and understanding since we have been together but especially during Epstein. I love you.



Table of Contents

Introduction	9	Maintaining	
Past Medical		Contact	67
History	15	Prayer/Meditation	75
Epstein-Barr virus	23	Manifesting	79
My Epstein-Barr	37	Bibliography	91
Initial Contact	51		
<i>Doubt</i>	58		
<i>Ego</i>	60		
<i>Our Past</i>	64		



Introduction

You have found yourself looking at this book and contemplating its purchase. You are thinking several things: first, I have never heard of this author, who is he? Second, is it worth the money, and third, and most importantly, is it worth the time I will spend reading it?

The answer to the first question will follow, but the answer to the time and money question is this. You will get out of it what you put into it, meaning I *know* that if you will read this book and put into practice the things taught, you will have a better life and a life more abundant. Now I don't mean read it put it down and never look at it again. I mean, read it, study it, live it. Come to know God and have a life more abundant!

The answer to the first question is this: my name is Gary Hall. I was born in Nashville, Tennessee on May 20, 1966. I was born to wonderful parents, Terry and Margie Hall, who were originally from the Macon county area in northern, middle Tennessee. I have one brother, Brent, who is almost six years *older* than I am.

I had your typical middle-class childhood: great neighborhood, nice house, good friends. It was wonderful, well, most of the time. The other times, I battled a multitude of injuries, illnesses, and surgeries. I speak of these in detail in the first chapter.

In my early twenties, I was overtaken by my own ego, and it cost me almost everything I had. You can read more of this later in the book as well.

Then at forty, I was diagnosed with Epstein-Barr virus. It took several months of living with this dis-ease before I came to the realization that I didn't have to. I didn't have to deal with any dis-ease, dis-harmony, discord or anything of the like. I knew God, and that was all I had to know. God.

In regards to my credentials: I am forty-two years old. I am an electrician by trade. I am now the director of operations for a large electrical contractor based in Nashville, Tennessee. I have been married three times. I have four wonderful children and three grandchildren.

Miranda is my oldest daughter, eighteen, by my first wife. Dylan, age twelve, and Haley, age eleven, by my second wife. Rob, my stepson, is thirty-four, and he has three beautiful children, Lauren, age eleven, Tucker, age six and (Mini) Cooper, age three. These grandchildren are by and through my third and final marriage to Jami.

I have no formal education of which to speak. I did attend Nashville Technical Institute but only for one year. I tell people who ask, I received my education at the school of Hard Shocks. Looking back, Mom and Dad, you were right; it would have been much easier to have stayed in school.

I was saved by the grace of God at the age of nine, and I remember immediately after the Spirit entered that I had this knowing that I had to tell others of this experience. I immediately got up and walked out of the church and told the first person I saw, a friend of mine by the name of Jimmy Sutton and then a cousin, Eric Fleming. The next day I told my next-door neighbor Barry Wiss.

As time passed my consciousness became clouded with life, and I guess you could say I lost my focus. I have had moments throughout my life of slipping in and out of this higher consciousness or God consciousness. I don't know maybe you have too. But at these times of higher consciousness, if you'll think about it,

you are more at peace. You are healthier, happier, and more content. The struggles of life seem to vanish and true living begins.

When we live in and through the Spirit, we can have an abundant life full of health and anything else we would like to manifest into our lives. I have not always followed the Spirit as I should have, but it has always followed me, regardless of if I have been receptive to It or not. And let me say, not only does it follow you, it is in front of you, beside you, and in everything around you. As a matter of fact, it is you. You may not acknowledge and may not want to acknowledge the fact that the Spirit is you, but that is exactly what you and we are. We are spirit.

I have not always thought on these terms, but since I was a child, it seems as though everything in my life has led me to the writing of this book. In Romans, it says all things work together for good to them that love God. As I look back on my life, I now see those surgeries and all of the illnesses as blessings. Even the knockdown drag-outs I had with my own ego were all stepping-stones leading me to now. If you are reading this, your stepping-stones have led you to this book, now, as well.

So you could say, this book has been forty-two years, countless people, and numerous experiences

in the making. This includes you. Thank you. I don't claim to be a great author, a great speaker, or anything of the like. As you have read, I have had no formal education. But I do now know this, I am. I am that which God hath made. I am spirit and you are too. We have been given dominion over everything including, first and foremost, our mind and body. It is time to reclaim this dominion, maintain higher levels of consciousness, and manifest into your life anything you wish.

Read, Believe, and Live